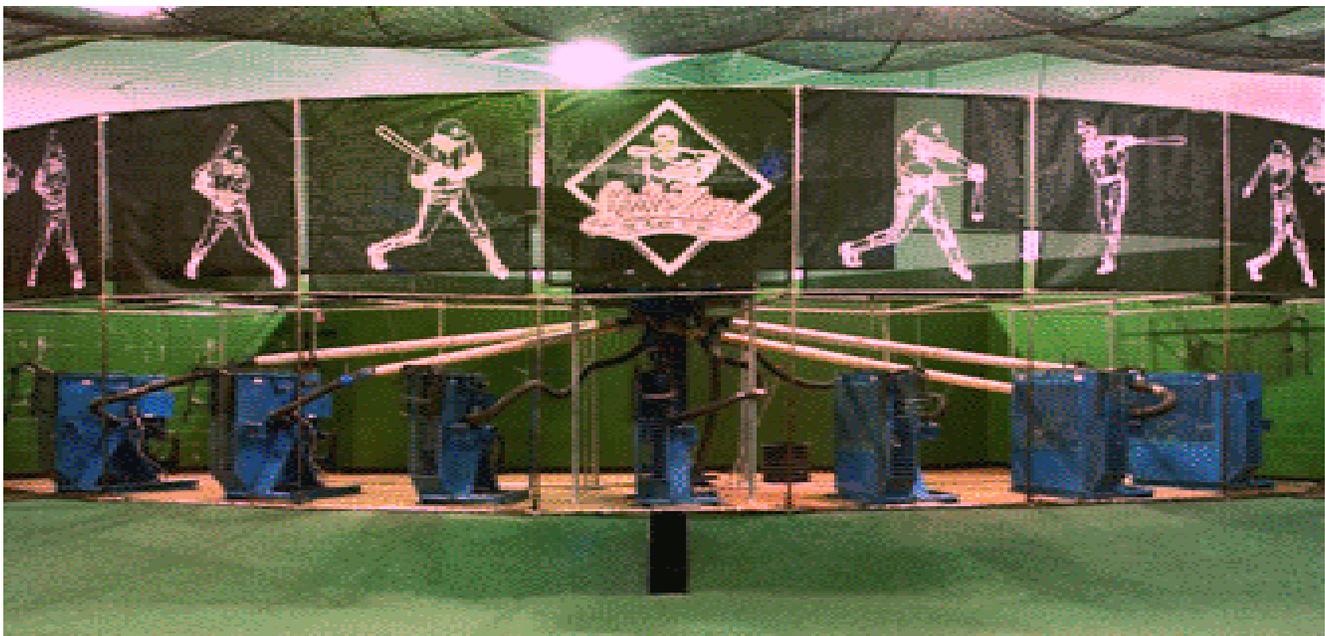


DEVELOP MUSCLE MEMORY FOR BETTER HITTING

Repetition...

Repetition...

Repetition...



BENEFITS OF A CAGE LINE DRIVE LEAGUE

Repetition. You'd be surprised how easy it can be to lose the perfect swing without making a mental note of it, and that can only be accomplished by taking your hacks until you get it right. The Cage Line Drive League allows you to swing at a high number of pitches in a short amount of time, allowing you to maintain focus on the area of your swing that needs improvement.

Muscle Memory. In the cage, it's possible to develop muscle memory for a) hitting the ball the other way, b) pulling it, and c) bunting.

CAGE LINE DRIVE LEAGUE

What is the Cage Line Drive League?

The Strike Zone Batting Cage League is a fun, friendly, and competitive 4 week Line Drive Competition. The league is offered during the months of October-March. There will be several age divisions, including ages 10-U/12-U baseball, and girl's fastpitch.

How does the league work?

Players accumulate points by hitting designated areas throughout the cage, and also by performing situational hitting successfully (Bunts, Hit & Runs, Opposite Field Hitting, etc.). There will be up to 6 Teams per league with two players per team. The league games will start every Sunday night at either 5PM, 6PM, or 7PM. Games will last approximately 1 Hour. Each player will get over 100 swings per game. Weekly and overall totals will be kept for each team. The team with the best record at the end will win the league. In case of a tie record, the team with the most points wins.

The road starts here to get your hitting to the next level. It takes hard work, sweat, and thousands upon thousands of swings while you are having fun. Sign up for one or all the leagues!
Only \$40 per player~\$80 per team of two.

NOVEMBER

DECEMBER

JANUARY

FEBRUARY

MARCH

10U BASEBALL

12U BASEBALL

GIRLS FASTPITCH

MAIL OR FAX TO: STRIKE ZONE 2900 SOUTH 110TH STREET OMAHA, NE 68144

Player 1 Name _____ Age: _____ Cell: _____

Address: _____ City: _____ ST: _____ Zip: _____

Email: _____ School: _____

Total Amount: \$ _____

PAYMENT METHOD: Cash Check Visa MC Disc AMEX

Card No _____



Player 2 Name _____ Age: _____ Cell: _____

Address: _____ City: _____ ST: _____ Zip: _____

Total Amount: \$ _____

PAYMENT METHOD: Cash Check Visa MC Disc AMEX

Card No _____

