

2011 STRIKE ZONE FALL COMPETITIVE LEAGUE SCHEDULE & RULES

AGES 9-10

	Day	Date	Time	Teams	Field
WEEK #1	Sunday	August 28, 2011	1:00 & 3:15	1 vs 4	CBRC #5
	Sunday	August 28, 2011	1:00 & 3:15	3 vs 6 RO	CBRC #6
	Sunday	August 28, 2011	1:00 & 3:15	2 vs 5	Keystone #10
WEEK #2	Sunday	September 11, 2011	1:00 & 3:15	1 vs 5	CBRC #5
	Sunday	September 11, 2011	1:00 & 3:15	4 vs 6	CBRC #6
	Sunday	September 11, 2011	1:00 & 3:15	2 vs 3	Keystone #10
WEEK #3	Sunday	September 18, 2011	1:00 & 3:15	4 vs 5 RO	CBRC #5
	Sunday	September 18, 2011	1:00 & 3:15	3 vs 6 RO	CBRC #6
	Sunday	September 18, 2011	1:00 & 3:15	1 vs 2 RO	Keystone #10
WEEK #4	Sunday	September 25, 2011	1:00 & 3:15	4 vs 5	CBRC #5
	Sunday	September 25, 2011	1:00 & 3:15	3 vs 6	CBRC #6
	Sunday	September 25, 2011	1:00 & 3:15	2 vs 1	Keystone #10
WEEK #5	Sunday	October 2, 2011	1:00 & 3:15	1 vs 6	CBRC #5
	Sunday	October 2, 2011	1:00 & 3:15	2 vs 5	CBRC #6
	Sunday	October 2, 2011	1:00 & 3:15	3 vs 4	Keystone #10
Week #6	Sunday	October 9, 2011	1:00 & 3:15	3 vs 4 (Clinic & Pick Up game)	CBRC #5
Make-Up	Sunday	October 9, 2011	1:00 & 3:15	5 vs 6	CBRC #6
	Sunday	October 9, 2011	1:00 & 3:15	1 vs 2	Keystone #10

Your commitment to excellence is what will set you apart from your opponents. We commend you on all the hard work you've put in this fall. The extra games and workouts will pay off when you take the field next spring.

Stay Sharp this winter. Here are just a few of the things you can do this winter to help you improve!

-Saturday Night Camps - BRAND NEW FORMAT WITH A COMPETITIVE WIFFLE BALL GAME

-Father & Son Camps - Get some of the latest and all time greatest drills you can work on at home with your son

-Cage Line Drive League - 2 man teams compete in situational and line drive hitting in our batting cages

For more information on these and all Strike Zone training opportunities, visit StrikeZoneOmaha.com.

Week #7	Sunday	October 16, 2011	1:15 & 3:15	3 vs 4 (Clinic & Pick Up game)	CBRC #5
Make-Up	Sunday	October 16, 2011	1:00 & 3:15	1 vs 6	CBRC #6
	Sunday	October 16, 2011	1:00 & 3:15	No Games	Keystone #10

****PLAY HARD SOLID, FUNDAMENTAL BASEBALL, BUT PLAY WITHIN THE RULES. UMPIRES ON THE FIELD ARE IN CHARGE****

****PLEASE RESPECT SIGNS AT FIELD PERTAINING TO COOLERS, SITES WITH CONCESSION STANDS WILL NOT ALLOW THEM****

Highlighted yellow means concessions are opened, if not highlighted you are allowed to bring any food items to those fields

****PLAY HARD SOLID, FUNDAMENTAL BASEBALL, BUT PLAY WITHIN THE RULES. UMPIRES ON THE FIELD ARE IN CHARGE****

	Day	Date	Time	Teams	Field
ALL STAR	Sunday	October 23, 2011		All Star information will be posted on the Website	

CBRC - TAKE I-80 EAST ALL THE WAY ACROSS RIVER, THEN TAKE 24TH ST EXIT (IN COUNCIL BLUFFS) HEAD SOUTH. TAKE NEXT AVAILABLE RIGHT AND COMPLEX

KEYSTONE - NORTH 120TH STREET BETWEEN MAPLE AND FORT STREETS

IN THE EVENT OF RAIN OR RAIN FORECAST CALL 398-1238 STRIKE ZONE HOTLINE 2 HOURS BEFORE

HOME TEAM WILL BE DETERMINED BY COIN FLIP. GAME #1 VISITOR WILL BE GAME #2 HOME TEAM.

TEAMS MAY TAKE AN INFIELD BEFORE THE START OF GAME #1 ONLY!

LEAGUE RULES

ALL PLAYERS WILL BAT IN EVERY GAME (1-13)

PITCHERS MAY THROW 6 INNINGS OR 75 PITCHES PER WEEK MAXIMUM (NO EXCEPTIONS)

PLAYERS WHO DO NOT START GAME #1 MUST START GAME #2 (NO EXCEPTIONS)

EACH PLAYER MUST PLAY A MINIMUM OF 6 INNINGS PER WEEK

15 RUN RULE AFTER 4 INNINGS 10 RUN RULE AFTER 5 INNINGS

FREE RE-ENTRY INTO POSITION PLAY (EXCEPT FOR PITCHER)

2 HOUR TIME LIMIT 6 INNING GAMES

4 COMPLETE INNINGS IS CONSIDERED AN OFFICIAL GAME

BASES-60 FEET MOUND-46 FEET

2011 STRIKE ZONE FALL COMPETITIVE LEAGUE SCHEDULE & RULES

AGES 11-12

	Day	Date	Time	Teams	Field
WEEK #1	Sunday	August 28, 2011	10:00 & 12:15	1 VS 2	Iowa West Youth Complex #2
	Sunday	August 28, 2011	11:00 & 1:15	3 VS 4RO	CBRC #1
	Sunday	August 28, 2011	2:45 & 5:00	5 VS 6	Iowa West Youth Complex #2
WEEK #2	Sunday	September 11, 2011	10:00 & 12:15	1 vs 5	Iowa West Youth Complex #2
	Sunday	September 11, 2011	11:00 & 1:15	3 vs 6	CBRC #10
	Sunday	September 11, 2011	2:45 & 5:00	2 vs 4	Iowa West Youth Complex #2
WEEK #3	Sunday	September 18, 2011	10:00 & 12:15	2 vs 6 RO	Iowa West Youth Complex #2
	Sunday	September 18, 2011	11:00 & 1:15	4 vs 5 RO played one game	CBRC #10
	Sunday	September 18, 2011	2:45 & 5:00	1 vs 3 RO	Iowa West Youth Complex #2
WEEK #4	Sunday	September 25, 2011	10:00 & 12:15	1 vs 3	Iowa West Youth Complex #2
	Sunday	September 25, 2011	11:00 & 1:15	4 vs 5	CBRC #1
	Sunday	September 25, 2011	2:45 & 5:00	6 vs 2	Iowa West Youth Complex #2
WEEK #5	Sunday	October 2, 2011	10:00 & 12:15	1 vs 5	Iowa West Youth Complex #2
	Sunday	October 2, 2011	11:00 & 1:15	2 vs 4	CBRC #1
	Sunday	October 2, 2011	2:45 & 5:00	3 vs 6	Iowa West Youth Complex #2
Week #6	Sunday	October 9, 2011	10:00 & 12:15	1 vs 6	Iowa West Youth Complex #2
Make-Up	Sunday	October 9, 2011	11:00 & 1:15	3 vs 4	CBRC #1
	Sunday	October 9, 2011	2:45 & 5:00	2 vs 5	Iowa West Youth Complex #2

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Week #7	Sunday	October 16, 2011	10:00 & 12:15	2 vs 3	Iowa West Youth Complex #2
Make-Up	Sunday	October 16, 2011	11:00 & 1:15	No Game	CBRC #1
	Sunday	October 16, 2011	2:45 & 5:00	1 vs 4	Iowa West Youth Complex #2

PLEASE RESPECT SIGNS AT FIELD PERTAINING TO COOLERS, SITES WITH CONCESSION STANDS WILL NOT ALLOW THEM

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PLAY HARD SOLID, FUNDAMENTAL BASEBALL, BUT PLAY WITHIN THE RULES. UMPIRES ON THE FIELD ARE IN CHARGE

Day	Date	Time	Teams	Field
ALL STAR	Sunday	October 23, 2011	All Star information will be posted on the Website	

CBRC - TAKE I-80 EAST ALL THE WAY ACROSS RIVER, THEN TAKE 24TH ST EXIT (IN COUNCIL BLUFFS) HEAD SOUTH. TAKE NEXT AVAILABLE RIGHT AND COMPLEX IS ON YOUR RIGHT.

IOWA WEST YOUTH COMPLEX - I-80 EAST TO I-29 SOUTH - FIRST EXIT HWY 92 - GO EAST TO STOPLIGHT - GO RIGHT - GO TO THE 3RD LIGHT - TAKE RIGHT ON EAST SOUTH OMAHA BRIDGE RD.

IN THE EVENT OF RAIN OR RAIN FORECAST CALL 398-1238 STRIKE ZONE HOTLINE 2 HOURS BEFORE

HOME TEAM WILL BE DETERMINED BY COIN FLIP. GAME #1 VISITOR WILL BE GAME #2 HOME TEAM.

TEAMS MAY TAKE AN INFELD BEFORE THE START OF GAME #1 ONLY!

LEAGUE RULES

ALL PLAYERS WILL BAT IN EVERY GAME (1-13)
PITCHERS MAY THROW 7 INNINGS OR 75 PITCHES PER WEEK MAXIMUM (NO EXCEPTIONS)
PLAYERS WHO DO NOT START GAME #1 MUST START GAME #2 (NO EXCEPTIONS)
EACH PLAYER MUST PLAY A MINIMUM OF 6 INNINGS PER WEEK
15 RUN RULE AFTER 4 INNINGS 10 RUN RULE AFTER 5 INNINGS
FREE RE-ENTRY INTO POSITION PLAY (EXCEPT FOR PITCHER)
2 HOUR TIME LIMIT 7 INNING GAMES
4 COMPLETE INNINGS IS CONSIDERED AN OFFICIAL GAME
BASES-70 FEET MOUND-50 FEET

2011 STRIKE ZONE FALL COMPETITIVE LEAGUE SCHEDULE & RULES

AGES 13-14

	Day	Date	Time	Teams	Field
WEEK #1	Sunday	August 28, 2011	10:00 & 12:15	1 VS 2	Iowa West Youth Complex Lane Field
	Sunday	August 28, 2011	10:00 & 12:15	3 VS 4	Iowa West Youth Complex #1
	Sunday	August 28, 2011	1:00 & 3:15	5 VS 6	CBRC #9
	Sunday	August 28, 2011	2:45 & 5:00	7 VS 9	Iowa West Youth Complex Lane Field
	Sunday	August 28, 2011	2:45 & 5:00	8 VS 10	Iowa West Youth Complex #1
WEEK #2	Sunday	September 11, 2011	10:00 & 12:15	8 vs 9	Iowa West Youth Complex Lane Field
	Sunday	September 11, 2011	10:00 & 12:15	4 vs 10	Iowa West Youth Complex #1
	Sunday	September 11, 2011	1:00 & 3:15	2 vs 7	CBRC #9
	Sunday	September 11, 2011	2:45 & 5:00	3 vs 5	Iowa West Youth Complex Lane Field
	Sunday	September 11, 2011	2:45 & 5:00	1 vs 6	Iowa West Youth Complex #1
WEEK #3	Sunday	September 18, 2011	10:00 & 12:15	3 vs 8 RO	Iowa West Youth Complex Lane Field
	Sunday	September 18, 2011	10:00 & 12:15	4 vs 6 RO	Iowa West Youth Complex #1
	Sunday	September 18, 2011	1:00 & 3:15	2 vs 5 RO	CBRC #9
	Sunday	September 18, 2011	2:45 & 5:00	1 vs 9 RO	Iowa West Youth Complex Lane Field
	Sunday	September 18, 2011	2:45 & 5:00	7 vs 10 RO	Iowa West Youth Complex #1
WEEK #4	Sunday	September 25, 2011	10:00 & 12:15	3 vs 8	Iowa West Youth Complex Lane Field
	Sunday	September 25, 2011	10:00 & 12:15	10 vs 7	Iowa West Youth Complex #1
	Sunday	September 25, 2011	1:00 & 3:15	2 vs 5	CBRC #9
	Sunday	September 25, 2011	2:45 & 5:00	1 vs 9	Iowa West Youth Complex Lane Field
	Sunday	September 25, 2011	2:45 & 5:00	4 vs 6	Iowa West Youth Complex #1
WEEK #5	Sunday	October 2, 2011	10:00 & 12:15	1 vs 3	Iowa West Youth Complex Lane Field
	Sunday	October 2, 2011	10:00 & 12:15	4 VS 7	Iowa West Youth Complex #1
	Sunday	October 2, 2011	1:00 & 3:15	5 VS 9	CBRC #9
	Sunday	October 2, 2011	2:45 & 5:00	2 VS 10	Iowa West Youth Complex Lane Field
	Sunday	October 2, 2011	2:45 & 5:00	6 VS 8	Iowa West Youth Complex #1
Week #6	Sunday	October 9, 2011	10:00 & 12:15	1 vs 10	Iowa West Youth Complex Lane Field
Make-Up	Sunday	October 9, 2011	10:00 & 12:15	6 vs 7	Iowa West Youth Complex #1
	Sunday	October 9, 2011	1:00 & 3:15	5 vs 8	CBRC #9
	Sunday	October 9, 2011	2:45 & 5:00	2 vs 4	Iowa West Youth Complex Lane Field
	Sunday	October 9, 2011	2:45 & 5:00	3 vs 9	Iowa West Youth Complex #1

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-Tunnel Live Line Drive League - 2 man teams compete in line drive hitting off of live pitching in our tunnels

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Week #7	Sunday	October 16, 2011	10:00 & 12:15	No Games	Iowa West Youth Complex Lane Field
Make-Up	Sunday	October 16, 2011	11:00 AM	1 vs 2 (1 game)	Iowa West Youth Complex #1
	Sunday	October 16, 2011	1:00 & 3:15	No Games	CBRC #9
	Sunday	October 16, 2011	2:45 & 5:00	No Games	Iowa West Youth Complex Lane Field
	Sunday	October 16, 2011	2:45 & 5:00	5 vs 6	Iowa West Youth Complex #1

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****PLAY HARD SOLID, FUNDAMENTAL BASEBALL, BUT PLAY WITHIN THE RULES. UMPIRES ON THE FIELD ARE IN CHARGE****

	Day	Date	Time	Teams	Field
ALL STAR	Sunday	October 23, 2011		All Star information will be posted on the Website	

CBRC - TAKE I-80 EAST ALL THE WAY ACROSS RIVER, THEN TAKE 24TH ST EXIT (IN COUNCIL BLUFFS) HEAD SOUTH. TAKE NEXT AVAILABLE RIGHT AND COMPLEX IS ON YOUR RIGHT.

IOWA WEST YOUTH COMPLEX - I-80 EAST TO I-29 SOUTH - FIRST EXIT HWY 92 - GO EAST TO STOPLIGHT - GO RIGHT - GO TO THE 3RD LIGHT - TAKE RIGHT ON EAST SOUTH OMAHA BRIDGE RD.

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PITCHERS MAY THROW 7 INNINGS OR 75 PITCHES PER WEEK MAXIMUM (NO EXCEPTIONS)

PLAYERS WHO DO NOT START GAME #1 MUST START GAME #2 (NO EXCEPTIONS)

EACH PLAYER MUST PLAY A MINIMUM OF 6 INNINGS PER WEEK

15 RUN RULE AFTER 4 INNINGS 10 RUN RULE AFTER 5 INNINGS

FREE RE-ENTRY INTO POSITION PLAY (EXCEPT FOR PITCHER)

2 HOUR TIME LIMIT 7 INNING GAMES

4 COMPLETE INNINGS IS CONSIDERED AN OFFICIAL GAME

BASES-80-90 FEET MOUND-54-60 FEET

2011 STRIKE ZONE FALL COMPETITIVE LEAGUE SCHEDULE & RULES

AGES 15-16

	Day	Date	Time	Teams	Field
WEEK #1	Sunday	August 28, 2011	10:00 & 12:15	3 VS 4	CBRC #7
	Sunday	August 28, 2011	10:00 & 12:15	5 VS 6	CBRC #8
	Sunday	August 28, 2011	2:45 & 5:00	1 vs 2	Fricke Field
WEEK #2	Sunday	September 11, 2011	2:45 & 5:00	2 vs 4	CBRC #7
	Sunday	September 11, 2011	10:00 & 12:15	3 vs 6	CBRC #8
	Sunday	September 11, 2011	10:00 & 12:15	1 vs 5	Fricke Field
WEEK #3	Sunday	September 18, 2011	10:00 & 12:15	2 vs 6 RO	CBRC #7
	Sunday	September 18, 2011	10:00 & 12:15	3 vs 5 RO	CBRC #8
	Sunday	September 18, 2011	2:45 & 5:00	1 vs 4 RO	Fricke Field
WEEK #4	Saturday	September 24, 2011	12:30 & 2:30	1 vs 6	Fricke Field
	Sunday	September 25, 2011	10:00 AM	6 vs 1(Wood Bat)	Fricke Field
	Sunday	September 25, 2011	10:00 & 12:15	2 vs 5	CBRC #10
	Sunday	September 25, 2011	2:45 & 5:00	3 vs 4	CBRC #10
WEEK #5	Sunday	October 2, 2011	10:00 & 12:15	3 vs 5	CBRC #10
	Sunday	October 2, 2011	2:45 & 5:00	2 vs 4	CBRC #10
	Sunday	October 2, 2011	2:45 & 5:00	1 vs 6	Fricke Field
Week #6	Sunday	October 9, 2011	10:00 & 12:15	2 vs 6	CBRC #10
Make-Up	Sunday	October 9, 2011	2:45 & 5:00	4 vs 5	CBRC #10
	Sunday	October 9, 2011	10:00 & 12:15	1 vs 3	Fricke Field

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Week #7	Sunday	October 9, 2011	10:00 & 12:15	2 vs 5	CBRC #8
Make-Up	Sunday	October 9, 2011	2:45 & 5:00	3 vs 4	CBRC #8
	Sunday	October 9, 2011	2:45 & 5:00	No Games	Fricke Field

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	Day	Date	Time	Teams	Field
ALL STAR	Sunday	October 23, 2011		All Star information will be posted on the Website	

CBRC - TAKE I-80 EAST ALL THE WAY ACROSS RIVER, THEN TAKE 24TH ST EXIT (IN COUNCIL BLUFFS) HEAD SOUTH. TAKE NEXT AVAILABLE RIGHT AND COMPLEX IS ON YOUR RIGHT.

FRICKE FIELD - 82ND & HALLECK (HEAD EAST ON HALLECK OFF OF 84TH STREET)

SEYMOUR SMITH ISAACSON FIELD - 72ND AND HARRISON ST

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TEAMS MAY TAKE AN INFIELD BEFORE THE START OF GAME #1 ONLY!

LEAGUE RULES

ALL PLAYERS WILL BAT IN EVERY GAME (1-13)
PITCHERS MAY THROW 7 INNINGS OR 90 PITCHES PER WEEK MAXIMUM (NO EXCEPTIONS)
PLAYERS WHO DO NOT START GAME #1 MUST START GAME #2 (NO EXCEPTIONS)
EACH PLAYER MUST PLAY A MINIMUM OF 6 INNINGS PER WEEK
15 RUN RULE AFTER 4 INNINGS 10 RUN RULE AFTER 5 INNINGS
FREE RE-ENTRY INTO POSITION PLAY (EXCEPT FOR PITCHER)
2 HOUR TIME LIMIT 7 INNING GAMES
4 COMPLETE INNINGS IS CONSIDERED AN OFFICIAL GAME
BASES-90 FEET MOUND-60 FEET

2011 STRIKE ZONE FALL COMPETITIVE LEAGUE SCHEDULE & RULES

Wood Bat

	Day	Date	Time	Teams	Field
WEEK #1	Sunday	August 28, 2011	10:00 & 12:15	1 vs 2	Fricke Field
	Sunday	August 28, 2011	10:00 & 12:15	3 VS 4	Seymour Smith
	Sunday	August 28, 2011	2:45 & 5:00	5 VS 6	Seymour Smith
	Sunday	August 28, 2011	2:45 & 5:00	8 VS 9	CBRC #7
	Sunday	August 28, 2011	2:45 & 5:00	7 VS 10	CBRC #8
WEEK #2	Sunday	September 11, 2011	2:45 & 5:00	1 vs 3	Fricke Field
	Sunday	September 11, 2011	10:00 & 12:15	4 vs 5	Seymour Smith
	Sunday	September 11, 2011	2:45 & 5:00	2 vs 9	Seymour Smith
	Sunday	September 11, 2011	10:00 & 12:15	6 vs 10	CBRC #7
	Sunday	September 11, 2011	2:45 & 5:00	7 vs 8	CBRC #8
WEEK #3	Sunday	September 18, 2011	10:00 & 12:15	1 vs 9 RO	Fricke Field
	Sunday	September 18, 2011	10:00 & 12:15	6 vs 7 RO	Seymour Smith
	Sunday	September 18, 2011	2:45 & 5:00	3 vs 5 RO	Seymour Smith
	Sunday	September 18, 2011	2:45 & 5:00	8 vs 10 RO	CBRC #7
	Sunday	September 18, 2011	2:45 & 5:00	2 vs 4 RO	CBRC #8
WEEK #4	Sunday	September 25, 2011	10:00 AM	1 vs 6(15/16)	Fricke Field
	Sunday	September 25, 2011	1:00 & 3:15	1 vs 9	Fricke Field
	Sunday	September 25, 2011	10:00 & 12:15	6 vs 7	CBRC #7
	Sunday	September 25, 2011	10:00 & 12:15	3 vs 5	CBRC #8
	Sunday	September 25, 2011	2:45 & 5:00	8 vs 10	CBRC #7
	Sunday	September 25, 2011	2:45 & 5:00	2 vs 4	CBRC #8
WEEK #5	Sunday	October 2, 2011	10:00 & 12:15	1 vs 10	Fricke Field
	Sunday	October 2, 2011	10:00 & 12:15	2 vs 5	CBRC #7
	Sunday	October 2, 2011	10:00 & 12:15	4 vs 7	CBRC #8
	Sunday	October 2, 2011	2:45 & 5:00	3 vs 9	CBRC #7
	Sunday	October 2, 2011	2:45 & 5:00	6 vs 8	CBRC #8
Week #6	Sunday	October 9, 2011	2:45 & 5:00	1 vs 8	Fricke Field
Make-Up	Sunday	October 9, 2011	10:00 & 12:15	3 vs 4	CBRC #7
	Sunday	October 9, 2011	10:00 & 12:15	5 vs 9	CBRC #8
	Sunday	October 9, 2011	2:45 & 5:00	2 vs 6	CBRC #7
	Sunday	October 9, 2011	2:45 & 5:00	7 vs 10	CBRC #8

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Make-Up	Sunday	October 16, 2011	10:00 & 12:15	7 vs 9	CBRC #7
	Sunday	October 16, 2011	10:00 & 12:15	No Games	CBRC #8
	Sunday	October 16, 2011	2:45 & 5:00	8 vs 10	CBRC #7
	Sunday	October 16, 2011	2:45 & 5:00	No Games	CBRC #8

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CBRC - TAKE I-80 EAST ALL THE WAY ACROSS RIVER, THEN TAKE 24TH ST EXIT (IN COUNCIL BLUFFS) HEAD SOUTH. TAKE NEXT AVAILABLE RIGHT AND COMPLEX IS ON YOUR RIGHT.

FRICKE FIELD - 82ND & HALLECK (HEAD EAST ON HALLECK OFF OF 84TH STREET)

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TEAMS MAY TAKE AN INFIELD BEFORE THE START OF GAME #1 ONLY!

LEAGUE RULES

- ALL PLAYERS WILL BAT IN EVERY GAME (1-13)**
- PITCHERS MAY THROW 7 INNINGS OR 90 PITCHES PER WEEK MAXIMUM (NO EXCEPTIONS)**
- PLAYERS WHO DO NOT START GAME #1 MUST START GAME #2 (NO EXCEPTIONS)**
- EACH PLAYER MUST PLAY A MINIMUM OF 6 INNINGS PER WEEK**
- 15 RUN RULE AFTER 4 INNINGS 10 RUN RULE AFTER 5 INNINGS**
- FREE RE-ENTRY INTO POSITION PLAY (EXCEPT FOR PITCHER)**
- 2 HOUR TIME LIMIT 7 INNING GAMES**
- 4 COMPLETE INNINGS IS CONSIDERED AN OFFICIAL GAME**
- BASES-90 FEET MOUND-60 FEET**