



STRIKE ZONE
2900 SOUTH 110TH STREET
OMAHA, NE 68144
(402) 398-1238
WWW.STRIKEZONEOMAHA.COM

TUNNEL LEAGUE

COME TO THE BAT CAVE...



Most NCAA Division 1 studies indicate something near the following:

- ◆ 30% of all grounders are base hits and over 40% of the time result in the batter getting on base.
- ◆ A whopping 80% of all line drives are base hits resulting in the batter getting on base 80% of the time.
- ◆ Only 20% of all fly balls, including home runs, are base hits, resulting in the batter getting on base just under 30% of the time.

Lets face it. Higher on base percentage followed by hits are what win ball games. The next time one of your players tells you they like the long ball or they have an upper cut swing, give them a few reasons why grounders and especially line drives are the way to go. Remind them that fly balls are the easiest for the defense to track down, get underneath and catch. Grounders are better. It forces one player to cleanly field a ground ball, make an accurate throw to another player who then has to make a clean catch. More things can go wrong for the defense, and right for the batter. Best of all, if you can get your batter hitting line drives, you've got it made.

There is no better way to work on hitting line drives than being a part of the Strike Zone's Line Drive League. Repetitions is what it takes to become a habit.

This is one habit you would not want to break.

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Omaha, NE 68144
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TUNNEL LINE DRIVE LEAGUE

What is the Line Drive League?

Get your team, sign up now because the league is where you want to be. The Strike Zone Line Drive League is a **four week** competition between teams consisting of two players. Players will hit off Strike Zone Staff Personnel, who will be throwing live batting practice in our tunnels. Before receiving live pitching, each player will be allowed 5 cuts to loosen up and get ready to score big. Players accumulate points by hitting marked point targets on the tunnel netting. Each team will consist of two players per team. League games will be held once a week and will last roughly an hour. Weekly and overall totals will be kept for each team. The team with the best record at the end will win the league. In case of a tie record, the team with the most points wins.

Games will start promptly at the scheduled time, and anyone showing up late will forfeit their round(s) up to that point. The "team captain" will be in charge and will be notified of game times. The Strike Zone will provide a scorecard for each game to the captain to log in their team's score., Each player must report to the Strike Zone Staff Personnel prior to the beginning of the game.

**The road starts here to get your hitting to the next level.
It takes hard work, sweat, and thousands upon
thousands of swings.**

Only \$40 per player ~ \$80 per team of two.

- OCTOBER
- NOVEMBER
- DECEMBER
- JANUARY
- FEBRUARY
- MARCH

- 13-14 TUNNEL LEAGUE
- HIGH SCHOOL WOOD BAT LEAGUE



**MAIL OR FAX TO: STRIKE ZONE OMAHA 2900 SOUTH 110TH ST OMAHA, NE 68144
PHONE (402) 398-1238 FAX: (402) 399-2019**

Player 1 Name _____ Age: _____ Cell: _____
Address: _____ City: _____ ST: _____ Zip: _____
Email: _____ School: _____

Total Amount: \$ _____
PAYMENT METHOD: Cash Check Visa MC Disc AMEX
Card No _____
Exp Date _____ 3 digit V-Code _____



Player 2 Name _____ Age: _____ Cell: _____
Address: _____ City: _____ ST: _____ Zip: _____
Email: _____ School: _____

Total Amount: \$ _____
PAYMENT METHOD: Cash Check Visa MC Disc AMEX
Card No _____
Exp Date _____ 3 digit V-Code _____

