



ProCut Seminar & Boot Camp



STRIKE ZONE
2900 SOUTH 110TH STREET
OMAHA, NE 68144
(402) 398-1238
WWW.STRIKEZONEOMAHA.COM

WHERE QUICKNESS AND POWER COMES FROM IN HITTERS

TAKE YOUR GAME TO THE NEXT LEVEL

Coach Tim Nolan, professional batting instructor, associate scout for the Philadelphia Phillies, and the designer of the ProCut Hitting System, would like to share his secrets to help you improve your hitting.

With the ProCut Hitting System, you'll find many ways to improve your baseball or softball hitting fundamentals; speed, strength, and power. The ProCut Hitting System is the perfect swing weight system for hitters.

The road starts here to get your hitting to the next level.
It will take hard work, sweat, and thousands upon thousands of swings.

ProCut Ballistic Seminar

During this seminar Coach Time Nolan will demonstrate, discuss, and give you insight into is very successful and widely used ProCut Ballistic Hitting System. Bring a pen and notebook as Coach Nolan will share his secrets on training to become a successful hitter.

ProCut Ballistic Boot Camp

This will be a high intensity workout, focused solely on improving your bat speed and power. For Serious Players Only.

Coach Nolan will put you through the training drills demonstrated in the seminar. Decide what level of player you want to be, it will take hard work to be the best. This workout will be fast paced and high intensity.



Name _____ Age: _____ Member #: _____
Telephone: _____ Cell: _____
Address: _____
City/State/Zip: _____
Email: _____
Parent/Guardian Release: _____
(Visit www.strikezoneomaha.com for Cancellation Policy and Full Release Statement)

- ProCut Seminar August 21 6:00-8:00PM
- ProCut Boot Camp Aug 22 4:30 Age 9-12
- ProCut Boot Camp Aug 22 6:00 Age 13-18

Total Amount: \$20
PAYMENT METHOD: Cash Check Visa MC Disc
No _____
Exp Date _____ V-Code _____