



BALLISTIC HITTING



PROVEN HITTING DEVELOPMENTAL PROGRAM FOR PLAYERS 13 and UP

**Strength Is Not Power. Speed Is Not Power.
We have one goal...To maximize your swing power.**

THE GUARANTEE:

Our Bat Speed Program will guarantee an increase if you work hard. We will maximize your hitting potential. We will develop your maximum bat speed. We will develop your quickest swing. We will develop your maximum bat control. Hitting power is a combination of vision, brain, and muscles working together. You must train the entire vision-brain-nerve-muscle system.

THE CHALLENGE:

You are invited to experience an in depth, high impact class for improving your bat speed, core strength, eye hand coordination, and your reaction time to the ball.

This will be a high intensity workout, focused solely on improving your bat speed and power. For Serious Players.

Name _____ Age: _____

Telephone: _____ Cell: _____

Address: _____ City/State/Zip _____

Email: _____

School: _____ Team: _____

Parent/Guardian Release: _____

(Visit www.strikezoneomaha.com for Cancellation Policy and Full Release Statement)

Type of lesson:

- 1/2 Hour Private - Individual (\$50)
- 1 Hour Private - Individual (\$80)
- 1 Hour Semi-Private - Two Players (\$90)
- 1 Hour Group - 3-10 Players (\$100)

Lesson Date: _____

Lesson Time: _____

Total Amount: \$ _____

PAYMENT METHOD: Cash Check Visa MC Disc AMEX

Card No _____

Exp Date _____ 3 digit V-Code _____



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